

This Week In Mt. Vernon

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January 31

Jefferson County Historical Village and local historian Sid Milliner present **Andrew Moore**, the first settler in Jefferson County. The program will start at 6:30 p.m. Mr. Milliner will do a first-person interpretation of Andrew Moore and the trials and tribulations he faced in Jefferson County in the early 1800's. Free admission. For more information call (618) 246-0033.

Coming Up!

2012
24th Annual
Midwestern
Herb and Garden Show
February 10, 11, 12

Plants For Sale
Free Classes
Garden Art
Free Admission

Keynote Speaker
Deborah Lee
4:00 p.m. Friday
6:00 p.m. Friday
11:00 a.m. Saturday
1:30 p.m. Saturday

Plus These Classes!
Preserving Herbs & Their Uses
Cooking With Herbs
Glass Mosaics
Diabetic Cooking
Benefits & Uses of Herbal Teas
Gourd Workshop
Garden Photography & Much More!!

Speakers Fill Day
Friday
and
Saturday

Free Classes!
Free Admissions!
Over 35 Vendors!

Times Square Mall
Broadway & 42nd Street

Don't forget to mark your calendars for the upcoming **Midwestern Herb & Garden Show** at Times Square Mall February 10-12th!

Fitness Centers

Anytime Fitness

618 B South 42nd Street, 242-4040

Curves

301 North 27th Street, 246-1287

Mt. Vernon Fitness Center

1318 Salem Road, 244-5061

Rend Lake College Fitness Center

605 North 12th Street, 242-0027.

Spa Nirvana

412 South 34th Street, 244-3392

White Lotus Yoga Studio

4225 Lincolnshire, Suite C, 787-2929

YMCA

1304 Broadway, 242-7500

Featured This Week



Register now for spring 2012 classes at Cedarhurst!

ABC & Fine Art for Little Fingers

Ages 1 1/2 - 3 years old

When: Wednesday Mornings 9-9:45 a.m.

Where: Shrode Art Center

Instructors: Jennifer Sarver & Carrie Gibbs

Fee: \$40 per month (includes all materials)

**Limited enrollment. Sign up early.

Each week, learn about the many different colors in the artists' color wheel while exploring the 5 senses through different medium. Parent or care giver attends class with their child.

First Friday Morning Story Time

Ages Pre-K

When: First Friday Mornings of the month 10 a.m.

Where: Beck Family Center Library

Each month, pre-K and kindergarten students will learn about a different color and an amazing artist! Admission is free & no pre-registration required.

Family Days

All ages welcome

When: Jan. 21, Mar. 10, June 16

Where: Shrode Art Center

Activities complement museum exhibitions and seasonal holidays.

Totally Tubular Tuesdays

After School Art Lessons

Grades K-5

When: K-1st - Thursdays; 2nd-5th - Tuesdays at 3:30 p.m.

Fee: \$40 per month, depending on number of weeks in the month.

Deadline to register is one week prior to the first of the month.

February's theme is metal design and sculpture. March's theme is clay. April's theme is painting & drawing. May's theme is clay.

**A limited number of scholarships are available for those who need financial assistance.

**There are no refunds on class fees unless the class has been cancelled. Refunds will be made if a replacement can be found to fill your place in the class or you provide a replacement.

Jan. 30 - Feb. 5, 2012

This Week at Cedarhurst Center for the Arts

January 14 - February 12

The Scholastic Art Awards

January 14 - February 12

Highlights from the Eleanor R. and John R. Mitchell Collection

January 14 - February 12

Recent Works by Christopher Troutman

February 3

Friday Morning Story Time at Cedarhurst Center for the Arts presents *Will you be my Valentine?* at 10 a.m.

Made in Mt. Vernon

Check out the new merchandise at Made in Mt. Vernon located inside the Visitors Center at 200 Potomac Blvd. We're getting new merchandise weekly, including pottery, turquoise jewelry, hand-carved pens, hand-made purses, and much more! Merchandise is made by local artists. For more information call (618) 242-3151.

This Week at AMC Showplace 8

Beauty and the Beast 3D, G

2:00, 5:10

Extremely Loud & Incredibly Close, PG13

1:00, 4:00, 6:50

Haywire, R

2:30, 4:50, 7:20

Man on a Ledge, PG13

1:45, 4:10, 7:00

One for the Money, PG13

2:20, 4:40, 7:50

Red Tails, PG13

1:15, 4:20, 7:10

The Descendants, R

2:10, 5:00, 7:40

The Grey, R

1:30, 4:30, 7:15

Underworld: Awakening 3D, R

7:30

www.amcentertainment.com

1-888-AMC-4FUN

**Please double check movie times as they are subject to change.

Mt. Vernon Convention & Visitors Bureau

200 Potomac Blvd.

618-242-3151 | tourism@mvn.net

Open M-F, 8-5 & Sat. 12-5

www.mtvernon.com

First Impressions Matter