

This Week in Mt. Vernon

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**November 19-22**

**Rend Lake College Madrigal Dinner Theatre's "Teeney Bob: The Demon Pet Groomer of Sweet Street"** at the Rend Lake College Theatre. Show times are November 19-21 at 7 p.m. and November 22 at 1 p.m. Tickets are \$25 each, and includes dinner and show. For more information call (618) 437-5321 ext. 1467.

**November 21**

**Specialty Fair** at the Rolland Lewis Community Building, 9 a.m. - 1 p.m. Vendors include Avon, Party Lite, Cookie Lee, Watkins, Pampered Chef, Mary Kay, Tastefully Simple, Thirty One, Barefoot Books, Southern Living At Home, Nutritional Supplements. For more information call (618) 242-6890.

### This Week at Cedarhurst Center for the Arts

**September 21 - November 30**  
Fall Classes

**October 30 - December 31**  
Shrode Photography Competition

**October 30 - December 31**  
Marilyn Boysen Retrospective

**October 30 - December 31**  
Rajistan: Ancient Colors and Traditions

**October 30 - December 31**  
**(See Feature)**  
One World, One Family: Darcy Kiefel Photographs for Heifer International

**November 16**  
Cedarhurst School of Performing Arts presents The Gaudete Brass

**Hours:**  
Tuesday-Saturday, 10:00 a.m. - 5:00 p.m.  
Sunday 1-5 p.m.  
2600 Richview Road  
Mt. Vernon, IL 62864  
(618) 242-1236  
www.cedarhurst.org

### Featured This Week



**Srey Pou and Srey Vin - Stoeng Samrong Orphanage, Cambodia**

### New Family Center exhibit at Cedarhurst features photojournalist Darcy Kiefel

One World, One Family: Darcy Kiefel Photographs for Heifer International, a traveling exhibition from the Arkansas Arts Center in Little Rock, opened in the Beck Family Center Gallery on Saturday, October 31. The exhibition features recent photographs by photojournalist Darcy Kiefel. Kiefel travels the world photographing and writing about Heifer International projects. These works convey the diversity of the 4.5 million families in 125 countries that Heifer has reached over the years, as well as the hope and health that their effort spreads across the globe.

Heifer International, based in Little Rock, works all over the world to end hunger and promote care for the earth. Heifer has a unique and successful approach to ending hunger and poverty. Since 1944, Heifer has provided food and income-producing animals and training to millions of resource-poor families in 125 countries.

The exhibition, continues through December 31.

Admission is free.

*An activity of the John R. and Eleanor R. Mitchell Foundation. This program is partially supported by a grant from the Illinois Arts Council, a state agency. Support for this program has been provided, in part, by the Schweinfurth Foundation.*

### November 16-22, 2009

#### This Week at Showplace 8

**2012, PG13**

3:30, 7:00

**The Box, PG13**

4:20, 7:40

**Christmas Carol, PG**

3:50, 6:30

**Couples Retreat, PG**

3:40, 6:40

**The Fourth Kind, PG13**

4:30, 7:30

**Men Who Stare At Goats, R**

4:10, 7:10

**Michael Jackson's This Is It, PG**

4:00, 6:50

**Paranormal Activity, R**

4:40, 7:20

www.kerasotes.com  
1-800-FANDANGO

All times listed are p.m.

\*\*Please double check movie times as they are subject to change.

### Fitness Centers

#### Curves

301 North 27th Street, 246-1287

Hours: M-F 7:30 a.m. - 6:30 p.m.; Saturday 7:30 - 10 a.m.

#### Mt. Vernon Fitness Center

1318 Salem Road, 244-5061

Hours: Open 24 hours

#### Rend Lake College Fitness Center

605 North 12th Street, 242-0027

Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

#### White Lotus Yoga Studio

4225 Lincolnshire, Suite C, 787-2929

Hours: Monday & Wednesday yoga classes at 8:30 a.m., 10:30 a.m., 2 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. Reiki also available.

#### YMCA

1304 Broadway, 242-7500

Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

### Mt. Vernon Convention & Visitors Bureau

200 Potomac Blvd.

618-242-3151 [tourism@mvn.net](mailto:tourism@mvn.net)

Open M-F, 8-5 & Sat. 12-5

[www.mtvernon.com](http://www.mtvernon.com)

*First Impressions Matter*