

This Week in Mt. Vernon

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This Week in Mt. Vernon & Just Up the Road

November 5
Make a Christmas Ornament at C.E. Brehm Memorial Library, 101 South 7th Street, 6-7 p.m. Learn to make a Christmas ornament. For more information call (618) 242-6322 or visit www.mtvbrehm.lib.il.us.

November 7-8
Mt. Vernon Knife Show at Veterans Park Community Building, 800 South 27th Street. Saturday 9 a.m. - 4 p.m. and Sunday 9 a.m. - 3 p.m. Buy, sell, trade - custom, antique, factory production knives. For more information call (618) 242-4514.

Fitness Centers

Curves
301 North 27th Street, 246-1287
Hours: M-F 7:30 a.m. - 6:30 p.m.;
Saturday 7:30 - 10 a.m.

Mt. Vernon Fitness Center
1318 Salem Road, 244-5061
Hours: Open 24 hours

Rend Lake College Fitness Center
605 North 12th Street, 242-0027
Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

White Lotus Yoga Studio
4225 Lincolnshire, Suite C, 787-2929
Hours: Monday & Wednesday yoga classes at 8:30 a.m., 10:30 a.m., 2 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. Reiki also available.

YMCA
1304 Broadway, 242-7500
Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

Featured This Week



Cedarhurst Center for the Arts presents Gregory Kunde November 5, 2009

Regarded as one of the most elegant and accomplished bel canto singers on the opera stage today, tenor Gregory Kunde has impressed audiences in the world's leading theaters with his sensitive phrasing, impeccable style, and dramatic command of the most demanding roles of the Italian and French bel canto repertoire.

For more information call (618) 242-1236.

This Week at Showplace 8

- Astro Boy, PG**
4:10, 6:50
- Cirque Du Freak: The Vampire's Assistant, PG 13**
4:20, 7:00
- Couples Retreat, PG**
4:30, 7:30
- Law Abiding Citizen, R**
4:50, 7:40
- Michael Jackson's This Is It, PG**
3:50, 6:40
- Paranormal Activity, R**
4:00, 7:10
- Saw VI, R**
4:40, 7:20
- Stepfather, PG 13**
6:30
- Where The Wild Things Are, PG**
3:40

www.kerasotes.com
1-800-FANDANGO

All times listed are p.m.

**Please double check movie times as they are subject to change.

November 2-8, 2009

This Week at Cedarhurst Center for the Arts

September 21 - November 30
Fall Classes

October 30 - December 31
Shrode Photography Competition

October 30 - December 31
Marilyn Boysen Retrospective

October 30 - December 31
Rajistan: Ancient Colors and Traditions

October 30 - December 31
One World, One Family: Darcy Kiefel Photographs for Heifer International

November 4
Cedarhurst Book Club will discuss *Monsoon Diary: A Memoir with Recipes* by Shoba Narayan

November 5
Cedarhurst Chamber Music presents Gregory Kunde

November 6
Cedarhurst School of Performing Arts presents The Rainbow Fish

Hours:
Tuesday-Saturday, 10:00 a.m. - 5:00 p.m.
Sunday 1-5 p.m.

2600 Richview Road
Mt. Vernon, IL 62864
(618) 242-1236

www.cedarhurst.org



First Impressions Matter

Mt. Vernon Convention & Visitors Bureau
200 Potomac Blvd.
618-242-3151 tourism@mvn.net
Open M-F, 8-5 & Sat. 12-5
www.mtvernon.com