

This Week In Mt. Vernon

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### This Week in (and around) Mt. Vernon

**March 26**

**Muntu Dance Theatre of Chicago** at Kaskaskia College, 27210 College Rd., Centralia, 7 a.m. Chicago based company that performs progressive interpretation of contemporary and ancient African American music and folklore - is accompanied by a six man drum orchestra. Admission is \$22, 12 & under \$15. For more information call (618) 545-3223.

**March 26**

**Jefferson County Chamber of Commerce Annual Dinner** at Holiday Inn, 222 Potomac Blvd., 6-11 p.m. Annual awards and honors banquet of the businesses in our community. Admission is \$40. For more information call (618) 242-5725.

**March 27**

**Bluford Ruritan Club Breakfast** at 814 6th Street, Bluford, 7 a.m. - until the last person leaves. Breakfast and fellowship. For more information call (618) 732-0005.

### This Week at Showplace 8

**Alice In Wonderland, PG**

3:50, 6:40

**Bounty Hunter, PG13**

4:20, 7:00

**Crazy Heart, R**

4:10, 7:10

**Diary Of A Wimpy Kid, PG**

3:30, 6:30

**Green Zone, R**

4:30, 7:20

**Remember Me, PG13**

3:40, 6:20

**Repo Men, R**

4:00, 6:50

**She's Out Of My League, R**

4:40, 7:30

www.kerasotes.com

1-800-FANDANGO

All times listed are p.m.

\*\*Please double check movie times as they are subject to change.

### Featured This Week



**"Mother and Child" by Blossom M. Hock Roberts**

An exhibition showcasing works from the Department of Cinema and Photography at SIU-C opened on Saturday, February 27 in the Beal Grand Corridor Gallery at Cedarhurst Center for the Arts in Mt. Vernon. The photography exhibition, an annual affair since the early 1990s, is one of many cooperative endeavors between Cedarhurst and Southern Illinois University.

New Work by the Faculty, Students and Staff of the Department of Cinema and Photography at Southern Illinois University-Carbondale features both the works of talented students as well art from the department's faculty and staff.

### Fitness Centers

#### Curves

301 North 27th Street, 246-1287

Hours: M-F 7:30 a.m. - 6:30 p.m.; Saturday 7:30 - 10 a.m.

#### Mt. Vernon Fitness Center

1318 Salem Road, 244-5061

Hours: Open 24 hours

#### Rend Lake College Fitness Center

605 North 12th Street, 242-0027

Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

#### White Lotus Yoga Studio

4225 Lincolnshire, Suite C, 787-2929

Hours: Monday & Thursday yoga classes at 8:30 a.m., 10:30 a.m., 12 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. and 10:30 a.m. Reiki also available.

#### YMCA

1304 Broadway, 242-7500

Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

### March 22-28, 2010

#### This Week at Cedarhurst Center for the Arts

**January 16 - April 4**

Andi Butler: Mrs. B's Illustrations

**February 27 - May 9**

Shrode Fine Art & Craft Competition Exhibition

**February 27 - May 9**

New Work by the Students, Faculty and Staff, Department of Cinema and Photography, Southern Illinois University-Carbondale

**February 27 - May 9**

Homily: Qualis Vita, Finis Ita, Paintings by Jed Jackson

**March 1 - May 30**

Spring Classes including:

- Stained Glass Mosaic
- Chain Maille
- Natural Dyes
- Spinning Wool
- Let's Knit
- Pewter Casting
- Watercolor Workshop
- Doodling = Drawing
- Paper Making
- Basketry
- Ceramics
- Oil Painting
- Plus various children's classes!

**March 28**

Folksongs of Illinois

**Hours:**

Tues.-Sat., 10 a.m. - 5 p.m.; Sun. 1-5 p.m.

2600 Richview Road

Mt. Vernon, IL 62864

(618) 242-1236

www.cedarhurst.org

### Mt. Vernon Convention & Visitors Bureau

200 Potomac Blvd.

618-242-3151 tourism@mvn.net

Open M-F, 8-5 & Sat. 12-5

www.mtvernon.com

*First Impressions Matter*