

This Week in Mt. Vernon

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March 30-31

Hunter Safety Course at Rend Lake Visitors Center, 9 a.m. - 3 p.m. This is a State of Illinois required course for anyone born after January 1, 1980 to be eligible to purchase your first hunting license. This two day course will also teach hunters that are new to the sport or planning a trip out west, how to be safe and ethical while in the field. Pre-registration is required by calling (618) 724-2493. Class size is limited to 40 students. Admission is free. For more information call (618) 724-2493.

March 31 - April 1

17th Annual Down State Conference on Child Abuse at the Holiday Inn, 222 Potomac Blvd., 8 a.m. - 4 p.m. Presenters include Victor Vieth, Melissa Hook, Brent Maquire, Captain William Carson, Kathleen Canning, Janet Nelson, and Linda Cordisco-Steele. Attend one or both days. Lunch included. Admission is \$100 for both days. For more information call (618) 244-2100 or visit the website at www.downstateconference.com.

April 3

Whistle Pigs in Concert at Tavern on 10th, 244 S. 10th Street, 9:00 p.m. Whistle Pigs is a great, one of a kind Southern Illinois bluegrass band. Hours for the tavern are Tuesday-Thursday 4:30 p.m. - 1 a.m. and Friday-Saturday 4:30 p.m. - 2 a.m. For more information call (618) 244-7821.

This Week at Showplace 8

Alice In Wonderland, PG

12:40, 3:50, 6:40, 9:10

Bounty Hunter, PG13

1:00, 4:00, 6:50, 9:30

Diary Of A Wimpy Kid, PG

12:50, 3:40, 6:20, 9:20

Hot Tub Time Machine, R

1:40, 4:40, 7:30, 10:10

How To Train Your Dragon, PG

12:30, 3:30, 6:30, 9:00

Remember Me, PG13

1:10, 4:10, 7:10, 9:50

Repo Men, R

1:20, 4:20, 7:00, 9:40

She's Out Of My League, R

1:30, 4:30, 7:20, 10:00

www.kerasotes.com
1-800-FANDANGO

All times listed are p.m.

**Please double check movie times as they are subject to change.

Featured This Week



"The Art Teacher" by Jed Jackson

Homily: Qualis Vita, Finis Ita, an exhibition of oil paintings by artist Jed Jackson, is currently being featured in the Main Gallery of the Mitchell Museum at Cedarhurst Center for the Arts through May 9. Jackson, a student of art beginning in 1973, has taught at the college and university level for 26 years (including Assistant Professor, Painting/Core, SIU-C, 1990-96), authored the book Art: A Comparative Study, and is the current Department Chair and Professor of Painting at the University of Memphis (TN). His work has been exhibited nationally and internationally in notable locations such as France, Holland, England, New York, Chicago and St. Louis.

The title, Homily: Qualis Vita, Finis Ita translated from Latin, reminds us that "as is the life, so is the end" (how we chose to live our lives is how we will be remembered) speaks to the images, ideas, moods and social commentary depicted in Jackson's landscape and figurative oil paintings.

The exhibit is sponsored by Byrd-Watson Drug Co. and David and Kim Wood and co-sponsored by Dr. and Mrs. James Chow

Admission is free.

For more information, call 618.242.1236 or visit www.cedarhurst.org.

An activity of the John R. and Eleanor R. Mitchell Foundation. This program is partially supported by a grant from the Illinois Arts Council, a state agency. Support for this program has been provided, in part, by the Schweinfurth Foundation.

March 29 - April 4, 2010

This Week at Cedarhurst Center for the Arts

January 16 - April 4

Andi Butler: Mrs. B's Illustrations

February 27 - May 9

Shrode Fine Art & Craft Competition Exhibition

February 27 - May 9

New Work by the Students, Faculty and Staff, Department of Cinema and Photography, Southern Illinois University-Carbondale

February 27 - May 9

Homily: Qualis Vita, Finis Ita, Paintings by Jed Jackson

March 1 - May 30

Spring Classes

Hours:

Tues.-Sat., 10 a.m. - 5 p.m.; Sun. 1-5 p.m.
2600 Richview Road
Mt. Vernon, IL 62864
(618) 242-1236
www.cedarhurst.org

Fitness Centers

Curves

301 North 27th Street, 246-1287

Hours: M-F 7:30 a.m. - 6:30 p.m.; Saturday 7:30 - 10 a.m.

Mt. Vernon Fitness Center

1318 Salem Road, 244-5061

Hours: Open 24 hours

Rend Lake College Fitness Center

605 North 12th Street, 242-0027

Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

White Lotus Yoga Studio

4225 Lincolnshire, Suite C, 787-2929

Hours: Monday & Thursday yoga classes at 8:30 a.m., 10:30 a.m., 12 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. and 10:30 a.m. Reiki also available.

YMCA

1304 Broadway, 242-7500

Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

Mt. Vernon Convention & Visitors Bureau

200 Potomac Blvd.

618-242-3151 tourism@mvn.net

Open M-F, 8-5 & Sat. 12-5

www.mtvernon.com

First Impressions Matter