

This Week in Mt. Vernon

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**Featured This Week**

**August 17-23, 2009**

**August 21 (See Feature)  
Movie in the Park, "Kung Fu Panda"** at Veterans Park, 8 p.m. For more information call (618) 242-6890.

**August 21-23  
Centralia Balloon Fest** at Centralia Foundation Park. For more information call (618) 532-6789 or visit [www.cetrail-ail.com](http://www.cetrail-ail.com).

**August 22  
Jefferson County Garden Tractor Association Tractor Pull** at Wells Bypass Fairgrounds, 4 p.m. For more information call (618) 315-4445.

**August 22  
Kiwanis Fun Day Bike Tour.** Start at Anheuser Busch Warehouse. Registration begins at 7 a.m. Ride starts at 8. Enjoy both a fun and challenging ride. For more information call (618) 244-2331 or visit [www.fundaybikeride.com](http://www.fundaybikeride.com).

**August 22  
Bluford Ruritan Club Breakfast** at 814 6th Street, Bluford, 7 a.m. - until the last person leaves. Breakfast and fellowship. For more information call (618) 732-8317.

**August 22-23  
Jefferson County Historical Village,** 1411 North 27th Street, open Saturday 10 a.m. - 4 p.m. and Sunday 1-4 p.m. Authentic log cabins and museum containing Jefferson County memorabilia. Free admission. For more information call (618) 246-0033.

**MOVIE IN THE PARK**



WHO: FREE! EVERYONE IN THE PUBLIC IS WELCOME.  
WHAT: WATCH THE MOVIE ON THE 25 FT. BIG SCREEN  
WHERE: VETERANS PARK 800 S. 27TH STREET MOUNT VERNON  
WHEN: FRIDAY, AUGUST 21 AT 8 PM  
BRING YOUR LAWN CHAIRS, BLANKETS, AND A SNACK

**DEMONSTRATION AT 7:30P.M. BY  
HAWKINS SCHOOL OF TAE KWON DO**

*Mt. Vernon Parks & Recreation*

**Fitness Centers**

**Curves**  
301 North 27th Street, 246-1287  
Hours: M-F 7:30 a.m. - 6:30 p.m.;  
Saturday 7:30 - 10 a.m.

**Mt. Vernon Fitness Center**  
1318 Salem Road, 244-5061  
Hours: Open 24 hours

**Rend Lake College Fitness Center**  
605 North 12th Street, 242-0027  
Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

**White Lotus Yoga Studio**  
4225 Lincolnshire, Suite C, 787-2929  
Hours: Monday & Wednesday yoga classes at 8:30 a.m., 10:30 a.m., 2 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. Reiki also available.

**YMCA**  
1304 Broadway, 242-7500  
Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

**This Week at Cedarhurst Center for the Arts**

**August 7 - October 18**  
Southern Illinois Artists Open Competition and Exhibition

**August 7 - October 18**  
20th Annual Gathering of Quilts

**August 7 - October 18**  
Snuggle and Snooze: Quilts for Children

**Hours:**  
Tuesday-Saturday, 10:00 a.m. - 5:00 p.m.  
Sunday 1-5 p.m.  
2600 Richview Road  
Mt. Vernon, IL 62864  
(618) 242-1236  
[www.cedarhurst.org](http://www.cedarhurst.org)

**This Week at Showplace 8**

**Band Slam, PG**  
3:40, 6:30, 9:20  
**District 9, R**  
4:40, 7:30, 10:10  
**G.I. Joe: Rise of Cobra, PG13**  
4:30, 7:10, 10:00  
**The Goods: Live Hard, Sell Hard, R**  
4:00, 7:45, 10:30  
**Julie & Julia, PG13**  
3:50, 6:50, 9:50  
**Perfect Getaway, R**  
4:10, 6:40, 9:30  
**Time Traveler's Wife, PG13**  
4:20, 7:00, 9:40  
**The Ugly Truth, R**  
1:30, 4:30, 7:00, 9:40

[www.kerasotes.com](http://www.kerasotes.com)

1-800-FANDANGO

All times listed are p.m.

\*\*Please double check movie times as they are subject to change.

**Mt. Vernon Convention & Visitors Bureau**

200 Potomac Blvd.  
618-242-3151 [tourism@mvn.net](mailto:tourism@mvn.net)

Open M-F, 8-5 & Sat. 12-5  
[www.mtvernon.com](http://www.mtvernon.com)

*First Impressions Matter*