



This Week in Mt. Vernon

August 29-30

Carillon Summer Concert, corner of Noble & Elm, Centralia, 2-2:45 p.m. Carillon solo concerts with guest carillonists and tours of the 165 ft. Bell Tower. For more information call (618) 533-4381 or visit www.centraliaill.com.

August 29-30

Jefferson County Historical Village, 1411 North 27th Street, open Saturday 10 a.m. - 4 p.m. and Sunday 1-4 p.m. Authentic log cabins and museum containing Jefferson County memorabilia. Free admission. For more information call (618) 246-0033.

Featured This Week



Dorothy Folsom of Mt. Vernon, a 20 year charter member of the Cedarhurst Quilters, describes the fabric and color choices that developed into her quilt Rhode Island Reds

Quilts Gather at Cedarhurst

Hours and hours and lots and lots of little stitches combined with a true love for the art of quilting is what these fabric treasures are made of! The 20th Annual Gathering of Quilts exhibition will feature quilts made by the Cedarhurst Quilters, a local group of quilting enthusiasts, also celebrating marking a 20th Anniversary milestone. The exhibition features large and small quilts as well as a new exhibit of miniature quilts displayed on small scale beds. The quilts will be exhibited in the Regenhardt Gallery at the Shrode Art Center as well as the Beal Grand Corridor Gallery inside the Mitchell Museum, both located on the grounds of Cedarhurst Center for the Arts in Mt. Vernon, IL

The show displays the wonderful textile talents of quilters of all ages and celebrates

First Impressions Matter

Featured This Week Cont'd.

their love of fabrics, color, and an age-old craft. Several quilts in the show tell a family story or the design honors their heritage or the memory of a loved one. The exhibit is cosponsored by Crossroads Community Hospital and is open through October 18.

A companion quilt exhibit, Snuggle and Snooze: Quilts for Children, is featured in the Beck Family Center Gallery, inside the Mitchell Museum, through October 18. The exhibition includes an array of children's quilts made by the Cedarhurst Quilters plus books, history and projects for children visiting the gallery.

Hours for viewing the quilt exhibitions are 10 am to 5 pm Tuesday through Saturday and 1 to 5 pm Sunday.

An activity of the John R. and Eleanor R. Mitchell Foundation. This program is partially supported by a grant from the Illinois Arts Council, a state agency.

Fitness Centers

Curves

301 North 27th Street, 246-1287
Hours: M-F 7:30 a.m. - 6:30 p.m.; Saturday 7:30 - 10 a.m.

Mt. Vernon Fitness Center

1318 Salem Road, 244-5061
Hours: Open 24 hours

Rend Lake College Fitness Center

605 North 12th Street, 242-0027
Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

White Lotus Yoga Studio

4225 Lincolnshire, Suite C, 787-2929
Hours: Monday & Wednesday yoga classes at 8:30 a.m., 10:30 a.m., 2 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. Reiki also available.

YMCA

1304 Broadway, 242-7500
Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

August 24-30, 2009

This Week at Cedarhurst Center for the Arts

August 7 - October 18

Southern Illinois Artists Open Competition and Exhibition

August 7 - October 18

20th Annual Gathering of Quilts

August 7 - October 18

Snuggle and Snooze: Quilts for Children

Hours:

Tuesday-Saturday, 10:00 a.m. - 5:00 p.m.
Sunday 1-5 p.m.
2600 Richview Road
Mt. Vernon, IL 62864
(618) 242-1236
www.cedarhurst.org



This Week at Showplace 8

Band Slam, PG

4:20

District 9, R

4:50, 7:30, 10:10

G.I. Joe: Rise of Cobra, PG13

4:30, 7:20, 10:00

The Goods: Live Hard, Sell Hard, R

4:40, 7:40, 10:30

Inglorious Basterds, R

3:40, 7:00, 10:20

Julie & Julia, PG13

3:50, 6:50, 9:50

Shorts, PG

4:10, 6:30, 9:20

Time Traveler's Wife, PG13

4:00, 6:40, 9:40

The Ugly Truth, R

7:10, 9:30

www.kerasotes.com

1-800-FANDANGO

All times listed are p.m.

**Please double check movie times as they are subject to change.

Mt. Vernon Convention & Visitors Bureau

200 Potomac Blvd.

618-242-3151 tourism@mvn.net

Open M-F, 8-5 & Sat. 12-5

www.mtvernon.com