

This Week in Mt. Vernon

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Featured This Week

August 3-9, 2009

July 18 - August 30

The Smithsonian presents Journey Stories at the Wabash County Museum, 320 North Market Street, Mt. Carmel, 2-7 p.m. daily. Journey Stories is a compelling Smithsonian exhibition that shows how our evolving mobility changed a young nation and how transportation made us grow. For more information call (618) 262-8774.

August 4

MVPD National Night Out at Veterans Park, 5:30 - 8:30 p.m. Free hot dogs, hamburgers, snow cones, soda, chips, cookies, popcorn, and cotton candy. Come and enjoy dunk tank, giant dual slide, extreme t-ball, jump shot basketball, soccer speed kick, trackless train, face painters, McGruff the Crime Dog, k-9 & bike demos, child ID/fingerprinting, fatal vision course, and blood pressure checks. For more information call (618) 242-3151.

August 7-8

Eagles State Officer's Weekend at the Eagles, 901 Prairie Avenue, Friday 3-10 p.m. and Saturday 8 a.m. - 11 p.m. For more information call (618) 244-1868.

August 8 (See Feature)

Downtown Car Show/Mt. Vernon Cruise Night in downtown Mt. Vernon. Entertainment, food, demonstrations, and much more. For more information call (618) 242-6166.

August 8-9

Jefferson County Historical Village, 1411 North 27th Street, open Saturday 10 a.m. - 4 p.m. and Sunday 1-4 p.m. Authentic log cabins and museum containing Jefferson County memorabilia. Free admission. For more information call (618) 246-0033.



DMDC Cruise Night August 8th

Downtown Mt. Vernon

Featuring food, live music, door prizes, and demonstrations. Registration is from 4-6:30 p.m. Dash plaques and goodie bags for the first 100! Sponsor choice awards for best Mopar, Chevy, GM, Ford, Truck, Motorcycle, and Import. There is a \$5 entry fee. For more information call (618) 242-6866.

Fitness Centers

Curves

301 North 27th Street, 246-1287
Hours: M-F 7:30 a.m. - 6:30 p.m.;
Saturday 7:30 - 10 a.m.

Mt. Vernon Fitness Center

1318 Salem Road, 244-5061
Hours: Open 24 hours

Rend Lake College Fitness Center

605 North 12th Street, 242-0027
Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

White Lotus Yoga Studio

4225 Lincolnshire, Suite C, 787-2929
Hours: Monday & Wednesday yoga classes at 8:30 a.m., 10:30 a.m., 2 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. Reiki also available.

YMCA

1304 Broadway, 242-7500
Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

This Week at Cedarhurst Center for the Arts

August 7 - October 18
Southern Illinois Artists Open Competition and Exhibition

August 7 - October 18
20th Annual Gathering of Quilts

August 7 - October 18
Snuggle and Snooze: Quilts for Children

Hours:

Tuesday-Saturday, 10:00 a.m. - 5:00 p.m.
Sunday 1-5 p.m.
2600 Richview Road
Mt. Vernon, IL 62864
(618) 242-1236
www.cedarhurst.org

This Week at Showplace 8

Aliens In The Attic, PG

1:10, 3:40, 6:30, 9:00

Funny People, R

12:45, 4:00, 7:10, 10:20

G-Force, PG

1:00, 3:50, 6:40, 9:15

The Hangover, R

7:40, 10:00

Harry Potter and the Half-Blood Prince, PG

12:15, 3:30, 6:50, 10:10

Ice Age: Dawn of the Dinosaurs, PG

1:20, 4:10

Orphan, R

12:30, 4:40, 7:30, 10:30

The Proposal, PG13

1:40, 4:20, 7:00, 9:30

The Ugly Truth, R

1:30, 4:30, 7:20, 9:45

www.kerasotes.com

1-800-FANDANGO

All times listed are p.m.

**Please double check movie times as they are subject to change.

Mt. Vernon Convention & Visitors Bureau

200 Potomac Blvd.
618-242-3151 tourism@mvn.net

Open M-F, 8-5 & Sat. 12-5
www.mtvernon.com

First Impressions Matter