

This Week in Mt. Vernon

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September 24

Meet Chief Lame Wolf at C.E. Brehm Memorial Library, 101 South 7th Street, 6-7 p.m. Meet historical figure Chief Lame Wolf, a Delaware Chief whose band of Indians lived in this area. For more information call (618) 242-6322 or visit www.mtvbrehm.lib.il.us.

September 26

Rend Lake Cleanup/National Public Lands Day Celebration, 8 a.m. Volunteers will help pick up trash along the roadway and shoreline surrounding Rend Lake. Volunteers will receive a free lunch, commemorative t-shirt, and a chance to win some great prizes. For more information call (618) 724-2493.

September 26

Friends of the NRA Fund Raising Banquet at the Holiday Inn, 5:30-9:00 p.m. Banquet and auction to support local shooting sports education and gun safety. For more information call (618) 315-4950.

September 26

Bluford Ruritan Club Breakfast at 814 6th Street, Bluford, 7 a.m. - until the last person leaves. Breakfast and fellowship. For more information call (618) 732-8317.

September 26-27

Jefferson County Historical Village, 1411 North 27th Street, open Saturday 10 a.m. - 4 p.m. and Sunday 1-4 p.m. Authentic log cabins and museum containing Jefferson County memorabilia. Free admission. For more information call (618) 246-0033.

September 26-27 (See Feature)

Wine & Art Festival at the Southern Illinois Artisans Shop at Rend Lake. Features tasting of Illinois wine, presentations by Illinois artists, and entertainment by local musicians. Specialty foods will be available to complement the wines you will be tasting. For more information call (618) 629-2220 or visit www.wineandartfestival.com.

Featured This Week



Wine & Art Festival September 26-27

Southern Illinois Artisans Shop Saturday 11-7 & Sunday Noon-6

Outdoor festival featuring the work of 50 Illinois artisans and 13 Illinois wineries. Live music, regional cuisine & artisan demonstrations. The Southern Illinois Art & Artisans Center featuring crafts made in Illinois will be open daily. \$10 armband for wine tasting or \$2 entry for other visitors. Free parking. No outside alcohol beverages allowed. For more information call (618) 629-2220 or visit www.wineandartfestival.com.

Fitness Centers

Curves

301 North 27th Street, 246-1287
Hours: M-F 7:30 a.m. - 6:30 p.m.; Saturday 7:30 - 10 a.m.

Mt. Vernon Fitness Center

1318 Salem Road, 244-5061
Hours: Open 24 hours

Rend Lake College Fitness Center

605 North 12th Street, 242-0027
Hours: M-F 6 a.m. - 9 p.m.; Saturday 7 a.m. - 3 p.m.; Sunday 1-6 p.m.

White Lotus Yoga Studio

4225 Lincolnshire, Suite C, 787-2929
Hours: Monday & Wednesday yoga classes at 8:30 a.m., 10:30 a.m., 2 p.m., 4:15 p.m., and 5:30 p.m. Friday yoga classes at 8:30 a.m. Reiki also available.

YMCA

1304 Broadway, 242-7500
Hours: Monday-Thursday 5:30 a.m. - 9:30 p.m.; Friday 5:30 a.m. - 9 p.m.; Saturday 8 a.m. - 6 p.m.; Sunday 1-6 p.m.

September 21-27, 2009

This Week at Cedarhurst Center for the Arts

August 7 - October 18

-Southern Illinois Artists Open Competition and Exhibition
-20th Annual Gathering of Quilts
-Snuggle and Snooze: Quilts for Children

September 21-November 30

Fall Classes

September 26

Cedarhurst Family Days presents
Printmaking with Apples

September 26

Ironclad Art: The Motorcycle

Hours:

Tuesday-Saturday, 10:00 a.m. - 5:00 p.m.
Sunday 1-5 p.m.
2600 Richview Road
Mt. Vernon, IL 62864
(618) 242-1236
www.cedarhurst.org

This Week at Showplace 8

(500) Days of Summer, PG 13

4:00, 6:40

Cloudy With A Chance Of Meatballs, PG

4:10, 6:30

The Informant!, R

4:30, 7:10

Jennifer's Body, R

4:20, 7:00

Love Happens, PG 13

4:40, 7:20

Sorority Row, R

5:00, 7:40

Tyler Perry's I Can Do Bad All By Myself, PG 13

3:50, 6:50

Whiteout, R

4:50, 7:30

www.kerasotes.com
1-800-FANDANGO

All times listed are p.m.

**Please double check movie times as they are subject to change.

Mt. Vernon Convention & Visitors Bureau

200 Potomac Blvd.
618-242-3151 tourism@mvn.net

Open M-F, 8-5 & Sat. 12-5
www.mtvernon.com

First Impressions Matter